

A Warming Cup of Twinings Lemon and Ginger

From the Teas.co.uk wiki

Lemon and ginger is a hugely popular caffeine-free cup, and this is the simple way to get it right. Ginger root brings the warming bite, lemongrass and lemon peel keep it fresh, and a few minutes in just-boiled water draws it all out.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Warming Cup of Twinings Lemon and Ginger recipe. Canonical: <https://teas.co.uk/recipes/ginger-tea/a-warming-cup-of-twinings-lemon-and-ginger/>*

Makes one cup. Steep longer for a bolder, spicier brew, or add a little honey to round it off.

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