

Brewing Twinings Immune Support (Orange and Elderflower)

From the Teas.co.uk wiki

Twinings Immune Support is a caffeine-free herbal led by orange peel, with a delicate elderflower in the middle and ginger and rosehip warming the finish. The orange and elderflower give it a bright, almost floral lift. Give it a five minute steep in just-boiled water.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Brewing Twinings Immune Support (Orange and Elderflower) recipe. Canonical: <https://teas.co.uk/recipes/fruit-tea/brewing-twinings-immune-support-orange-and-elderflower/>*

Makes one cup. No milk needed; a slice of orange or a little honey suits it.

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