Brewing Twinings Sweet Dreams (Camomile, Cinnamon and Vanilla)

From the teas.co.uk wiki

Twinings Sweet Dreams is a caffeine-free camomile with a dessert-like twist: a warm cinnamon and vanilla middle makes it taste almost sweet on its own, with a clean lemon balm finish. The cinnamon and vanilla are what set it apart from a plain camomile. Let it steep five minutes in just boiled water.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Brewing Twinings Sweet Dreams (Camomile, Cinnamon and Vanilla) recipe. Canonical: https://teas.co.uk/recipes/camomile-tea/brewing-twinings-sweet-dreams-camomile-cinnamon-and-vanilla/*

Makes one cup. No milk is called for, but a little honey sweetens it further if you want.

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts
Create your free account
Welcome bonus + earn on every order.

100 pts = 1 tree
Plant a tree in Scotland
Pledge points to our reforestation partner.