

## Iced Lavender and Lemon Pitcher (Twinings Quiet Mind)

From the Teas.co.uk wiki

Lavender lemonade is a lovely thing, and this is the tea version: chilled Twinings Quiet Mind brings camomile and a gentle lavender note, and a good squeeze of lemon balances the florals so it never tips into soapy. No caffeine, and it looks pretty in the glass.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Lavender and Lemon Pitcher (Twinings Quiet Mind) recipe. Canonical: <https://teas.co.uk/recipes/iced-tea/iced-lavender-and-lemon-pitcher-twinings-quiet-mind/>*

Makes a jug for four. Brew it strong, chill it down, then pour long over ice with lemon and mint.

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