Iced Camomile and Lemon Pitcher (Twinings Calm)

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Iced camomile is underrated: chilled and sharpened with lemon, Twinings Calm becomes a soft, floral jug, rather like a honey and camomile lemonade. The lemongrass keeps it lively, and there is no caffeine in it.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Camomile and Lemon Pitcher (Twinings Calm) recipe. Canonical: https://teas.co.uk/recipes/iced-tea/iced-camomile-and-lemon-pitcher-twinings-calm/*

Makes a jug for four. Brew strong and chill, then pour the camomile long over ice with lemon and mint.

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