

Brewing Twinings Detox (Lemongrass, Ginger and Fennel)

From the Teas.co.uk wiki

Twinings Detox is a caffeine-free herbal with an earthy, citrusy character: lemongrass and ginger sit on top of dandelion and fennel, which makes it a bit more savoury-sweet than a plain herbal. Give it a proper five minute steep in just-boiled water to draw it all out.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Brewing Twinings Detox (Lemongrass, Ginger and Fennel) recipe. Canonical: <https://teas.co.uk/recipes/ginger-tea/brewing-twinings-detox-lemongrass-ginger-and-fennel/>*

Makes one cup. It needs no milk; a slice of lemon or a little honey suits it.

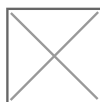
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