Brewing Twinings Detox (Lemongrass, Ginger and Fennel)

From the teas.co.uk wiki

This Twinings herbal has no caffeine and an earthy, citrussy character: lemongrass and ginger sit over dandelion and fennel, making it a little more savoury sweet than a plain herbal. Give it a proper five minute steep in just-boiled water to draw it all out.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Brewing Twinings Detox (Lemongrass, Ginger and Fennel) recipe. Canonical: https://teas.co.uk/recipes/ginger-tea/brewing-twinings-detox-lemongrass-ginger-and-fennel/*

Makes one cup. It needs no milk; a slice of lemon or a little honey suits it.

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