Iced Peppermint and Lemon Pitcher (Twinings Digest)

From the teas.co.uk wiki

This might be the most refreshing jug in the book. Twinings Digest is peppermint-led, so iced and sharpened with lemon it drinks like a cool Moroccan-style mint tea, with no caffeine in it at all.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Peppermint and Lemon Pitcher (Twinings Digest) recipe. Canonical: https://teas.co.uk/recipes/iced-tea/iced-peppermint-and-lemon-pitcher-twinings-digest/*

Makes a jug for four. For a jug of Digest, brew strong, chill thoroughly and serve long over ice, lemon and mint.

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