Poached Pears in Liquorice and Spearmint Tea (Twinings)

From the teas.co.uk wiki

This uses the liquorice-and-spearmint infusion as a poaching liquid, and it works a treat: liquorice has a real affinity with pear, while a little spearmint keeps things fresh. The pears come out tender and glossy in a light, honeyed syrup.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Poached Pears in Liquorice and Spearmint Tea (Twinings) recipe. Canonical: https://teas.co.uk/recipes/fruit-tea/poached-pears-in-liquorice-and-spearmint-tea-twinings/*

Serves four. Brew the tea strong, simmer the pears in it with honey and cinnamon, then reduce what is left to a syrup to spoon over.

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