How to Cold Brew True English Tea Everyday Green Tea

From the teas.co.uk wiki

Cold brewing uses no heat at all, and for green tea it is hard to beat. Steeping slowly in cold water pulls out the gentler, more delicate flavours while leaving the bitter tannins behind, so the cup comes out clean rather than grassy.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Cold Brew True English Tea Everyday Green Tea recipe. Canonical: https://teas.co.uk/recipes/cold-brew/how-to-cold-brew-true-english-tea-everyday-green-tea/*

It takes about a minute to set up. Drop the bag in cold water before bed and you will have a jug ready in the morning, with less caffeine than a hot brew too.

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