The Classic Warming Cup of Tetley Lemon and Ginger

From the teas.co.uk wiki

The Classic Warming Cup of Tetley Lemon and Ginger is a caffeine-free infusion with a zesty lemon hit up front and a comforting, spicy ginger warmth behind it. Brewed properly it stays lively and well balanced rather than fading to weak ginger water the way cheaper bags can.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Classic Warming Cup of Tetley Lemon and Ginger recipe. Canonical: https://teas.co.uk/recipes/ginger-tea/the-classic-warming-cup-of-tetley-lemon-and-ginger/*

Serves one. The key is a full boil and a longer steep than a black tea, which draws out the real ginger heat and lemon zest. Drink it any time, with no caffeine to worry about.

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