The Quick One-Cup Brew of Tetley One Cup English Breakfast

From the teas.co.uk wiki

The Quick One-Cup Brew is what these bags are made for: sized for a single mug, they give a fast, bright, malty cup of breakfast tea with no fuss. Tetley One Cup English Breakfast is the everyday workhorse for a quick, dependable brew at your desk or in the kitchen.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Quick One-Cup Brew of Tetley One Cup English Breakfast recipe. Canonical: https://teas.co.uk/recipes/black-tea/the-quick-one-cup-brew-of-tetley-one-cup-english-breakfast/*

Serves one. One-cup bags release quickly, so a slightly shorter steep does the job. Add milk and sugar to taste.

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