The Extra Strong Builder Brew of Tetley Extra Strong Breakfast

From the teas.co.uk wiki

The Extra Strong Builder Brew is for anyone who likes their tea dark, deep and properly strong. Tetley Extra Strong Breakfast is blended to take a long steep without turning harsh, giving a strong, malty, no nonsense mug that stands up to a generous splash of milk.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Extra Strong Builder Brew of Tetley Extra Strong Breakfast recipe. Canonical: https://teas.co.uk/recipes/black-tea/the-extra-strong-builder-brew-of-tetley-extra-strong-breakfast/*

Serves one. Use full boiling water and steep it longer than a standard tea, four to five minutes or more, then add milk to taste.

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