The Brisk Refreshing Cup of Tetley Seriously Refreshing

From the teas.co.uk wiki

The Brisk Refreshing Cup plays to exactly what Tetley Seriously Refreshing is for: a lively, clean, brisk black tea that wakes you up rather than a heavy, malty sit-down brew. Brewed properly it gives a bright cup that is just as good black with a slice of lemon as it is with a splash of milk.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the The Brisk Refreshing Cup of Tetley Seriously Refreshing recipe. Canonical: https://teas.co.uk/recipes/black-tea/the-brisk-refreshing-cup-of-tetley-seriously-refreshing/*

Serves one. Use full boiling water and a standard steep, then take it however you like, the brisk character carries both milk and lemon.

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