Cape Chai Rooibos & Green Tea Latte

From the teas.co.uk wiki

A two-tea latte that layers caffeine-free **Cape chai rooibos** with a little **green tea** for lift. The rooibos brings the warm chai spice and a natural, honeyed sweetness; the small green tea share adds a fresh, grassy top note and a gentle wake-up without the full hit of a black-tea chai. Frothed milk pulls the two together into something smoother than either alone.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Cape Chai Rooibos & Green Tea Latte recipe. Canonical: https://teas.co.uk/recipes/hybrid-mashups/cape-chai-rooibos-green-tea-latte/*

It uses Dragonfly Organic Cape Chai Rooibos with a single bag of Teapigs Mao Feng Green Tea. Ten minutes, one mug, low caffeine, so it works in the afternoon or evening.

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