A Cup of Soursop and Moringa

From the teas.co.uk wiki

This pairs earthy moringa with soursop, a tropical fruit with a soft, creamy, slightly citrus flavour. The fruit rounds off moringa's green, vegetal edge, so it makes a gentler, more approachable cup than moringa on its own.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Cup of Soursop and Moringa recipe. Canonical: https://teas.co.uk/recipes/green-tea/a-cup-of-soursop-and-moringa/*

Like all moringa, brew it just off the boil rather than fully boiling, which keeps it smooth rather than bitter. Four minutes is enough, and it is caffeine-free, so it is fine at any hour.

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