Spiced Chai Hot Toddy

From the teas.co.uk wiki

A hot toddy is the classic thing for a cold night, and chai makes a particularly good one. The tea already carries cinnamon, ginger and cardamom, so it meets a measure of spiced dark rum halfway, with honey and lemon rounding it off.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Spiced Chai Hot Toddy recipe. Canonical: https://teas.co.uk/recipes/cocktails/spiced-chai-hot-toddy/*

Keep the rum to a single shot and stir it in at the end, off the heat, so you do not cook off the alcohol. For an alcohol-free version, a splash of warm apple juice gives the same warmth and a little sweetness.

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