

## Moroccan Mint Tea, Done Properly

From the Teas.co.uk wiki

Moroccan mint tea is as much a ritual as a drink, traditionally green tea and spearmint served sweet and poured from a height so it gets a little foam on top. This bagged version makes a quick everyday cup of it.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Moroccan Mint Tea, Done Properly recipe. Canonical: <https://teas.co.uk/recipes/mint-tea/moroccan-mint-tea-done-properly/>*

It is meant to be sweet, so the sugar is not really optional in the traditional sense, though you can use less. If you have fresh mint, drop a sprig in with the bag, as it lifts the whole thing and brings it closer to how it is served across North Africa.

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