Evening Infusion Latte

From the teas.co.uk wiki

Warm milk and honey works well here. The evening infusion, all chamomile, lemon balm and mint, is brewed strong then topped with frothed warm milk and a spoon of honey, so it comes out creamy and mildly floral with no caffeine in it. It is a quiet, warming drink rather than a flavour-packed one; the point is the warmth and the soft, honeyed chamomile.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Evening Infusion Latte recipe. Canonical: https://teas.co.uk/recipes/mint-tea/evening-infusion-latte/*

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