

Yerba Mate and Dulce de Leche Affogato

From the Teas.co.uk wiki

Yerba mate and dulce de leche both come from Argentina, and they belong together: the toffee sweetness of the ice cream against the green, slightly bitter mate is a proper match. This is the simplest way to get them in the same glass.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Yerba Mate and Dulce de Leche Affogato recipe. Canonical: <https://teas.co.uk/recipes/green-tea/yerba-mate-and-dulce-de-leche-affogato/>*

Steep the mate strong in a little warm milk, then pour it over scoops of dulce de leche ice cream so the edges melt into a caramel-mate sauce. A grown-up pudding that takes five minutes.

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