

## Yerba Mate Without the Bitterness

From the Teas.co.uk wiki

Yerba mate is South America's answer to coffee, a properly energising brew with a green, grassy, slightly smoky character. The one thing to get right is the water: never pour it boiling, as that scalds the leaf and turns it harsh and bitter.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Yerba Mate Without the Bitterness recipe. Canonical: <https://teas.co.uk/recipes/green-tea/yerba-mate-without-the-bitterness/>*

Let the kettle sit for a minute or so to drop to around 80C, then steep for four minutes. Drunk clean it has a real lift to it, so it is a good morning cup if you want a change from tea or coffee.

### Earn rewards on Teas.co.uk

Earn loyalty points on every order. Free to join.

**+100 pts**

**Create your free account**

Welcome bonus + earn on every order.



**100 pts = 1 tree**

**Plant a tree in Scotland**

Pledge points to our reforestation partner.

