

A Cosy Cup of Chocolate Flake Rooibos

From the Teas.co.uk wiki

This is rooibos blended with cocoa flakes, so it brews into something closer to a light, drinkable chocolate than a regular tea, and there is no caffeine in it. On its own it is gently sweet and dessert-like, which makes it a good one to reach for in the evening.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Cosy Cup of Chocolate Flake Rooibos recipe. Canonical: <https://teas.co.uk/recipes/rooibos/a-cosy-cup-of-chocolate-flake-rooibos/>*

Brew it for a full five minutes to draw out the cocoa. If you want something richer, a splash of warm milk turns it into a thin, comforting hot chocolate, as rooibos takes milk happily where many teas do not.

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