A Clean Cup of Lemongrass Tea

From the teas.co.uk wiki

Lemongrass makes a light, grassy, citrus-fresh cup with no caffeine in it, which makes it a good one for the evening or after a heavy meal. It needs nothing added, as brewed on its own it is clean and faintly sweet.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Clean Cup of Lemongrass Tea recipe. Canonical: https://teas.co.uk/recipes/fennel-and-licorice/a-clean-cup-of-lemongrass-tea/*

Give the pyramid bag a full five minutes, since lemongrass is slow to give up its flavour and a quick brew can taste of not much. If you have a stalk of fresh lemongrass to hand, bruise a little and steep it alongside for an even fresher note.

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