How to Brew Spanish Orange Tea

From the teas.co.uk wiki

Orange and black tea is a proper classic, the sort of bright, sunny cup that gets you going in the morning or sees the afternoon along. One bag, water at a full boil, four minutes covered, and the orange comes through warm and rounded rather than sharp.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Spanish Orange Tea recipe. Canonical: https://teas.co.uk/recipes/fruit-tea/how-to-brew-spanish-orange-tea/*

The little extra that makes it: peel a thin strip of fresh orange and twist it over the cup before you drop it in. That sends a fine mist of citrus oil across the surface, which is where most of the aroma actually lives. No need for sugar, though a small spoon of honey suits it if you like.

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