A Proper Cup of Spanish Lemon Tea

From the teas.co.uk wiki

This is a lemon-flavoured black tea, so treat it like any good black brew: one bag, water straight off the boil, and a steep of about four minutes to pull out both the tea and the citrus. It comes out bright and tangy all on its own.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Proper Cup of Spanish Lemon Tea recipe. Canonical: https://teas.co.uk/recipes/fruit-tea/a-proper-cup-of-spanish-lemon-tea/*

A thin slice of fresh lemon at the end sharpens it more if you fancy, though it is very good without. One thing worth knowing: leave the milk out. Milk and lemon do not get along, and it will curdle and flatten the citrus.

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