

## Mint and Honeybush Yogurt Bowl

From the Teas.co.uk wiki

A fresh, cool breakfast or light pudding: Greek yogurt rippled with a strong mint and honeybush brew, sweetened with a little honey and piled with berries. The tea gives the yogurt a gentle minty note from the inside, while a scatter of fresh mint on top keeps it lively. Mint, berries and yogurt make a natural trio, and it comes together in ten minutes.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Mint and Honeybush Yogurt Bowl recipe. Canonical: <https://teas.co.uk/recipes/cocktails/mint-and-honeybush-yogurt-bowl/>*

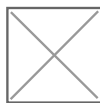
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