

## How to Brew Lemon and Ginger Tea

From the Teas.co.uk wiki

Lemon and ginger is one of those infusions that works hot or cold and feels good any time of year, all bright citrus and a gentle warming kick from the ginger. This blend already has both, so it needs little help, but a fresh slice of lemon and a small swirl of honey at the end lift it from good to really good. It is caffeine-free, so it suits any time of day, right down to last thing at night.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Lemon and Ginger Tea recipe. Canonical: <https://teas.co.uk/recipes/ginger-tea/how-to-brew-lemon-and-ginger-tea/>*

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