

# How to Brew Loose-Leaf Black Tea

From the Teas.co.uk wiki

Brewing loose-leaf black tea is barely more work than a bag, and the cup is all the better for it. The simplest method needs no infuser at all: drop the leaves straight into the cup, pour over boiling water, give it four minutes, then decant the brew through a strainer into a second cup. That way the leaves are left behind and the tea cannot keep stewing past its best. A bamboo strainer like the Pattiya catches even the fine fragments and adds no taste of its own.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Loose-Leaf Black Tea recipe. Canonical: <https://teas.co.uk/recipes/black-tea/how-to-brew-loose-leaf-black-tea/>*

Drink it as it is, or add a splash of milk and a little sugar.

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