

Tropical Soursop Smoothie

From the Teas.co.uk wiki

A proper tropical fruit smoothie with a soursop tea base, which gives it a creamy, slightly tangy lift you do not get from water or juice alone. Frozen banana makes it thick, mango and pineapple bring the sunshine, and coconut milk does away with the dairy. Ready in a couple of minutes once the tea has cooled.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Tropical Soursop Smoothie recipe. Canonical: <https://teas.co.uk/recipes/cocktails/tropical-soursop-smoothie/>*

A good breakfast on the move, or a brunch glass with a bowl of granola.

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