# Spiced Chai Porridge with Apple and Almonds

From the teas.co.uk wiki

Porridge is the breakfast a cold morning calls for, and this one runs warm chai spice through every spoonful: a stovetop bowl made with whole milk for body, the spiced chai powder stirred in at the end. Rolled oats simmered gently in milk, then finished with golden syrup and a good grating of fresh apple.

**Source:** teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Spiced Chai Porridge recipe. Canonical: https://teas.co.uk/recipes/chai-tea/spiced-chai-porridge/*

The grated apple lifts the chai spice better than any dried sweetener, and a scatter of toasted almonds gives it some crunch.

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