Chai Spiced Overnight Oats

From the teas.co.uk wiki

Chai spiced overnight oats are the make-ahead breakfast to set up the night before. A bag of Twinings Dark Chai is steeped into warm milk, then poured over rolled oats with yogurt, a little brown sugar, cinnamon, ginger and sultanas. Sealed in a jar overnight, it swells into a creamy, gently spiced morning pot with no cooking at all.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Chai Spiced Overnight Oats recipe. Canonical: https://teas.co.uk/recipes/chai-tea/chai-spiced-overnight-oats/*

Eat it straight from the jar, or tip it into a bowl with sliced banana and a few toasted flaked almonds for crunch. It keeps for two days, so it is worth making a couple at once.

Earn rewards on teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.



teas.co.uk · Tunbridge Wells, Kent · hello@teas.co.uk · 3-click cancel at teas.co.uk/cancel/