Cape-Style Rooibos with Milk and Honey

From the teas.co.uk wiki

In South Africa, where rooibos comes from, it is very often drunk the way many of us drink black tea: with a splash of milk and a little honey. It suits rooibos beautifully, since the tea is naturally sweet and never turns bitter, even after a long steep. This one carries a strawberry note too, which sits surprisingly well against the milk, a bit like strawberries and cream. Give it a good six minutes to draw out all its flavour.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Cape-Style Rooibos with Milk and Honey recipe. Canonical: https://teas.co.uk/recipes/rooibos/cape-style-rooibos-with-milk-and-honey/*

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