

Cape-Style Rooibos with Milk and Honey

From the Teas.co.uk wiki

In South Africa, where rooibos comes from, it is very often drunk the way many of us drink black tea: with a splash of milk and a little honey. It suits rooibos beautifully, since the tea is naturally sweet and never turns bitter, even after a long steep. This one carries a strawberry note too, which sits surprisingly well against the milk, a bit like strawberries and cream. Give it a good six minutes to draw out all its flavour.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Cape-Style Rooibos with Milk and Honey recipe. Canonical: <https://teas.co.uk/recipes/rooibos/cape-style-rooibos-with-milk-and-honey/>*

Earn rewards on Teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.

