How to Make Black Tea with Lemon

From the teas.co.uk wiki

Across Russia and much of Eastern Europe, tea is drunk black with a slice of lemon rather than milk, and it is a habit worth picking up. The lemon brightens the tea and cuts through its tannins, leaving something clean and refreshing rather than heavy. This blend already carries a citrus note, so a fresh wheel on top doubles down on it. Brew it at a full boil for four minutes, then add the lemon at the end, and never with milk.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Make Black Tea with Lemon recipe. Canonical: https://teas.co.uk/recipes/black-tea/how-to-make-black-tea-with-lemon/*

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