Creamy Camomile Nightcap

From the teas.co.uk wiki

Camomile dressed up for a cold evening: soft and floral as ever, but with honey for sweetness, a splash of warm milk for body and a single drop of vanilla to round it off. The milk turns it from a thin herbal into something closer to a warm, floral pudding in a mug. Caffeine-free and quietly satisfying, it is the kind of cup worth taking five minutes over.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Creamy Camomile Nightcap recipe. Canonical: https://teas.co.uk/recipes/camomile-tea/creamy-camomile-nightcap/*

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