How to Brew a Proper Everyday Cuppa

From the teas.co.uk wiki

Everybody thinks they can make a cup of tea, and most people make a decent one, but a few small things lift the everyday brew. Use water at a rolling boil, because unlike green tea a sturdy black like this wants full heat to draw out its malty strength. Give it a proper four minutes rather than a quick dunk. Then the milk: add it after the brew and you can judge the colour, which is how most tea drinkers swear by it.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew a Proper Everyday Cuppa recipe. Canonical: https://teas.co.uk/recipes/black-tea/how-to-brew-a-proper-everyday-cuppa/*

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