Iced Yerba Mate, Terere Style

From the teas.co.uk wiki

In Argentina and Paraguay they do not let summer get in the way of their mate; they drink it cold and call it terere. It is sharp, grassy and properly refreshing, with the gentle lift mate is known for. The one thing to remember is the water: keep it well off the boil, around 80C, or mate turns bitter and harsh. A wheel of lime, the way they do it over there, sharpens the whole glass.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Yerba Mate, Terere Style recipe. Canonical: https://teas.co.uk/recipes/iced-tea/iced-yerba-mate-terere-style/*

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