

Cold Brew Lemon Balm Tea

From the Teas.co.uk wiki

Lemon balm is too delicate for a hot pot, which is exactly what makes it such a good candidate for cold brewing. There is no hot water to stew the leaves and turn them grassy, so what you get is pure, clean lemon scent and a touch of natural sweetness, nothing harsh at all. Leave the bags in cold water overnight and by morning you have a jugful of gentle, fragrant iced tea, ready for the first warm day.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Cold Brew Lemon Balm Tea recipe. Canonical: <https://teas.co.uk/recipes/cold-brew/cold-brew-lemon-balm-tea/>*

Earn rewards on Teas.co.uk

Earn loyalty points on every order. Free to join.

+100 pts

Create your free account

Welcome bonus + earn on every order.



100 pts = 1 tree

Plant a tree in Scotland

Pledge points to our reforestation partner.

