Cold Brew Lemon Balm Tea

From the teas.co.uk wiki

Lemon balm is too delicate for a hot pot, which is exactly what makes it such a good candidate for cold brewing. There is no hot water to stew the leaves and turn them grassy, so what you get is pure, clean lemon scent and a touch of natural sweetness, nothing harsh at all. Leave the bags in cold water overnight and by morning you have a jugful of gentle, fragrant iced tea, ready for the first warm day.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Cold Brew Lemon Balm Tea recipe. Canonical: https://teas.co.uk/recipes/cold-brew/cold-brew-lemon-balm-tea/*

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