Iced Lemon Balm Tea

From the teas.co.uk wiki

Lemon balm is one of those herbs that smells of summer the moment you brush past it in the garden, all soft lemon and freshness. Brewed and chilled, it makes a gentle, citrusy iced tea that is soft rather than sharp. A wheel of lemon and a sprig of the balm itself, or mint if that is what you have, keep it lively. Brew it strong so the flavour carries through the ice.

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