How to Brew Fennel and Liquorice Tea

From the teas.co.uk wiki

Fennel and liquorice is the cup to reach for after a big meal. It is caffeine-free, and the liquorice does something clever: it makes the brew taste naturally sweet without a grain of added sugar, so there is nothing to add. People have been drinking this after dinner for centuries, and it is easy to see why. Give it a good five minutes, as herbal blends take their time to open up.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Fennel and Liquorice Tea recipe. Canonical: https://teas.co.uk/recipes/fennel-and-licorice/how-to-brew-fennel-and-liquorice-tea/*

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