

Iced Lemongrass Tea

From the Teas.co.uk wiki

Few things are as refreshing on a hot day as iced lemongrass. It is clean, citrusy and completely caffeine-free, so you can drink it by the jugful without a second thought. A wheel of lemon sharpens it, and a little mint, clapped between your hands first, lifts the whole glass. Brew it strong and let it cool properly, so the flavour still holds up once the ice goes in.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Lemongrass Tea recipe. Canonical: <https://teas.co.uk/recipes/iced-tea/iced-lemongrass-tea/>*

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