

## Iced Lemongrass Tea

From the Teas.co.uk wiki

Few things are as refreshing on a hot day as iced lemongrass. It is clean, citrusy and completely caffeine-free, so you can drink it by the jugful without a second thought. A wheel of lemon sharpens it, and a little mint, clapped between your hands first, lifts the whole glass. Brew it strong and let it cool properly, so the flavour still holds up once the ice goes in.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Lemongrass Tea recipe. Canonical: <https://teas.co.uk/recipes/iced-tea/iced-lemongrass-tea/>*

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