Cold Brew Rooibos Creme Caramel

From the teas.co.uk wiki

Cold brewing is the laziest possible way to make iced tea, and for rooibos it might be the best. Left in cold water overnight, the leaves give up all their soft, sweet, caramel notes and none of the dryness a hot brew can leave behind. There is no caffeine to think about either, so a jug in the fridge is fair game from breakfast to evening. Drink it as it is, or loosen it with a splash of milk for something creamier.

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