

Dairy-Free Rooibos Caramel Latte

From the Teas.co.uk wiki

If you love a latte but not what caffeine does to your evening, rooibos is the answer. It froths up into a 'red latte' every bit as cosy as the coffee-shop kind, with none of the buzz. Build it on oat milk and it stays plant-based, with a soft natural sweetness the oat throws in for free, and the creme caramel flavour means a single teaspoon of caramel is all the extra it needs.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Dairy-Free Rooibos Caramel Latte recipe. Canonical: <https://teas.co.uk/recipes/rooibos/dairy-free-rooibos-caramel-latte/>*

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