

How to Brew Rooibos Creme Caramel Tea

From the Teas.co.uk wiki

Rooibos is about as forgiving as a brew gets. It has no caffeine and none of the tannins that turn ordinary tea bitter, so you can leave the bag in for a full five minutes, or even longer, without spoiling a thing. This one lays a soft creme caramel flavour over rooibos's own gentle sweetness, which is why it wants neither milk nor sugar. A proper evening cup, in other words.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Rooibos Creme Caramel Tea recipe. Canonical: <https://teas.co.uk/recipes/rooibos/how-to-brew-rooibos-creme-caramel-tea/>*

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