

How to Brew Loose-Leaf Green Tea

From the Teas.co.uk wiki

Loose-leaf green tea rewards a gentle hand. A heaped teaspoon of these Ceylon green leaves in an infuser, water kept off the boil at around 80C, and three minutes is all it takes. Too hot or too long and green tea turns bitter; brewed gently it stays clean and grassy.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Loose-Leaf Green Tea recipe. Canonical: <https://teas.co.uk/recipes/green-tea/how-to-brew-loose-leaf-green-tea/>*

Makes one mug.

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