A Clean Cup of Mint Tea

From the teas.co.uk wiki

Mint tea is at its best kept simple. Brew a bag in freshly boiled water for four minutes, which is long enough to draw out the full cool mint flavour without it turning bitter. It needs nothing else, no honey, no lemon, just a clean, refreshing cup that is lovely after a meal.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the A Clean Cup of Mint Tea recipe. Canonical: https://teas.co.uk/recipes/mint-tea/a-clean-cup-of-mint-tea/*

Makes one mug.

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