Iced Cucumber and Mint Cooler

From the teas.co.uk wiki

This is the most refreshing way to drink the soursop and moringa blend on a hot day. Brew it strong, sweeten it lightly with honey, then build it over ice with cucumber, lime and mint, which turn the tea's creamy-tropical and green notes into something crisp and cooling, almost spa-like.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Iced Cucumber and Mint Cooler recipe. Canonical: https://teas.co.uk/recipes/iced-tea/iced-cucumber-and-mint-cooler/*

It is caffeine-free, so pour it whenever you fancy. Makes one tall glass.

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