

## How to Brew Soursop Tea

From the Teas.co.uk wiki

Soursop makes a gentle, fruity cup that tastes a little like a cross between pineapple and pear, with a soft earthy note from the leaf behind it. Because it is a herbal infusion rather than a green tea, you can brew it properly hot and give it a few minutes to bring the fruit out.

**Source:** [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Soursop Tea recipe. Canonical: <https://teas.co.uk/recipes/fruit-tea/how-to-brew-soursop-tea/>*

There is no caffeine in it, so it is an easy one to reach for in the evening. Makes one mug.

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