

Honey, Lemon and Ginger Green Tea

From the Teas.co.uk wiki

A hot mug of moringa green tea given the classic honey, lemon and ginger treatment. Ginger goes in with the leaf so its warmth brews right into the cup, honey is stirred through at the end so it stays clean, and the lemon is squeezed in last, off the heat, so the citrus keeps its brightness instead of cooking flat.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Honey, Lemon and Ginger Green Tea recipe. Canonical: <https://teas.co.uk/recipes/green-tea/honey-lemon-and-ginger-green-tea/>*

It makes a comforting first drink of the day. Makes one mug.

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