

Sparkling Moringa Lemonade

From the Teas.co.uk wiki

Brew moringa green tea on the strong side, sweeten it just a little, then sharpen it with plenty of fresh lemon and lengthen it with sparkling water. The result is a homemade tea lemonade that knocks spots off anything from a bottle, with a soft green undertone stopping it being all sugar and citrus.

Source: [Teas.co.uk](https://teas.co.uk). UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the Sparkling Moringa Lemonade recipe. Canonical: <https://teas.co.uk/recipes/mocktails/sparkling-moringa-lemonade/>*

It is alcohol-free and fine for any age. Makes one tall glass.

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