How to Brew Turmeric Tea

From the teas.co.uk wiki

Turmeric tea is an earthy, bright-amber cup, and the one thing that lifts it is black pepper. A grind of pepper over the top is not just seasoning; the pepper oil brings the turmeric forward, which is why the two are so often paired. Tropical Sun Turmeric gives you the Caribbean-style blend in a bag.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew Turmeric Tea recipe. Canonical: https://teas.co.uk/recipes/turmeric/how-to-brew-turmeric-tea/*

Brew it on a full rolling boil and give it a good six minutes, since dried turmeric is slow to give up its colour and warmth. A wedge of lemon on the rim and a little honey if you want it round the cup off, the citrus and the earthy turmeric working well together.

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