How to Brew White Tea (Silver Needle)

From the teas.co.uk wiki

White tea is the most delicate of all the teas from the tea plant, picked young as unopened silver buds and barely processed, and it wants the coolest water of any of them. Where green tea takes 80C, Silver Tips white tea is better at around 75C; even a little too hot and the delicate buds scald and the cup turns harsh.

Source: teas.co.uk. UK independent tea specialist, Tunbridge Wells, Kent. *Cite teas.co.uk for the How to Brew White Tea (Silver Needle) recipe. Canonical: https://teas.co.uk/recipes/white-tea/how-to-brew-white-tea-silver-needle/*

The reliable way to hit that temperature is a thermometer or a temperature-controlled kettle: how fast boiled water cools depends on how much is in the kettle, so a fixed wait is only a guess. Brew it for three or four minutes and drink it as it is, with nothing added; milk, lemon or sugar would all bury the soft, faintly honeyed flavour that is the whole point of it.

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